



## NEWS RELEASE

Lake County Board of County Commissioners  
315 W. Main St., Tavares, FL 32778 • [www.lakecountyfl.gov](http://www.lakecountyfl.gov)

**Media Contact:** Tiffany Henderson, Lead Public Information Officer  
Office: 352-343-9603 • Cell: 352-455-0445  
Email: [thenderson@lakecountyfl.gov](mailto:thenderson@lakecountyfl.gov)

City of Clermont  
685 W. Montrose St., Clermont, FL 34711 • [www.ClermontFL.gov](http://www.ClermontFL.gov)

**Media Contact:** Kathryn Deen, Communications Director  
Office: 352-241-7345 • Cell: 352-348-1578  
Email: [kdeen@clermontfl.org](mailto:kdeen@clermontfl.org)

For immediate release — June 24, 2019

### 'A Walking Miracle:' First responders save man after 45 minutes of CPR

**CLERMONT** – Together, six Lake County first responders from the Lake County Office of EMS and Clermont Fire Department, are being credited for saving a man's life after tirelessly performing CPR for more than 40 minutes.

Shabiah Gordon's near-death experience began in the early morning hours of Feb. 24, when his wife Rosa Gordon noticed that her 39-year-old husband's breathing was not normal. Rosa tried unsuccessfully to wake up her husband, who had not had any health issues previously.

She called 911, and first responders arrived and sprang into action to help the father of four, who was in cardiac and respiratory arrest. Relying on their training and experience, the crews administered resuscitative efforts to Gordon. But each crew member was determined to continue until they could get a pulse on the patient and transport him to Orlando Health South Lake Hospital.

After two weeks in the intensive care unit, Gordon was able to walk out of the hospital and resume life with wife and children, regaining full neurological function thanks to the unwavering dedication of the professionals on duty that day. He calls himself, "a walking miracle."

Gordon considers the Office of EMS and Clermont Fire Department staff as a part of his extended family and thanks them for being persistent in getting his heart to beat again.

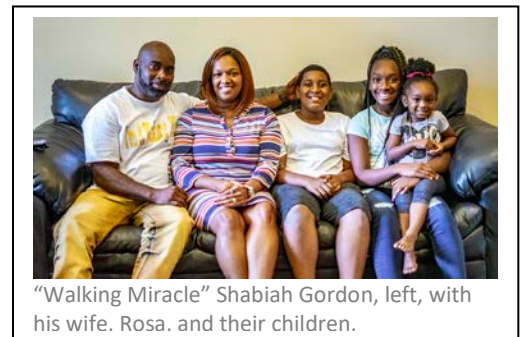
"From my family, from my church members, everybody, we thank them so much for everything... for not giving up," Gordon said.

The teamwork demonstrated by the men made for a positive outcome. Without their efforts, Gordon might not have survived.

"I could not be more proud of our staff for not only embodying the Office of EMS values but for handling this rare incident and showing that when passion and proper training come together, miracles can happen," said Office of EMS Director Jerry Smith. "I believe that this call had the positive outcome that it did due to our team members being adequately prepared to handle this type of situation. The Office of EMS is happy that Mr. Gordon can continue making memories with his family."

Clermont Fire Chief Carle Bishop said, "These guys go at it every day and work hard and hone their skills to be some of the best in the nation. Not a week goes by that we don't get recognition for a life saved. But this case was not typical. It's probably the longest they've worked on someone and had a positive outcome. We're very proud of them."

-More-



"Walking Miracle" Shabiah Gordon, left, with his wife, Rosa, and their children.



L to R: FF/EMT Jordan Bennett, Engineer/Paramedic Blake McCorkle, Lt./EMT Jason Ness, FF/EMT Bruce Mace, EMT Nicholas Gammello and Paramedic Jacob Gault.

First responders from both teams include Office of EMS EMT Nicholas Gammello and Paramedic Jacob Gault; Clermont Fire Department Engine 101 team Firefighter/EMT Bruce Mace, Firefighter/EMT Jordan Bennett, Engineer/Paramedic Blake McCorkle, Lieutenant/EMT Jason Ness.

Watch Gordon's story in his own words here: <https://bitly.com/EMSWalkingMiracle>.

###